



SOUTHEAST ATHLETICS



<https://sepiratesathletics.com> · (330) 654-1960 ext. 1128 · @PatYouel

Southeast Local Schools (SLS)

Procedures and COVID Protocols and Procedures for PTC SUPER DUALS

Guidance for all the Protocols/Procedures/Guidelines provided in accordance with mandates and recommendations from the Ohio Department of Health, the Portage County Health Department, the Ohio High School Athletic Association, the Portage Trail Conference and the administration of Southeast Local Schools.

1. Prior to Event:

- a. **ALL TEAMS NEED TO REGISTER ON BAUM'S PAGE.**
 - i. **Registration:** Register via Baum's Page by **Friday, September 17, 2021**
- b. Review the Course on the Map Provided.
 - i. The Course is two loops in length.

2. Pre-Screening Prior to Event:

- a. All visiting teams will conduct a Pre-Screening Health Log prior to arrival at SLS.
- b. The home team will also go through the Pre-Screening Health Log.
 - i. **ANY ATHLETE ON THE HOME OR VISITING TEAM THAT FAILS THE HEALTH LOG IS NOT PERMITTED TO PARTICIPATE IN THE EVENT. EACH SCHOOLS' PROTOCOLS FOR THIS SHOULD BE FOLLOWED.**
- c. The Race Starter and Event Staff will conduct a daily symptom check /self-screen themselves prior to the contest.
 - i. **ALL COACHES AND EVENT STAFF, MUST WEAR A MASK/FACE COVERING AT ALL TIMES**
- d. **A copy of ALL Pre-Screening Health Logs may required to be handed in to the SLS Athletic Department.**

3. Arrival of Visiting Teams:

- a. The course will be open for walking from 4-4:45 PM.
- b. Coaches' Packets will be given to coaches upon arrival.
- c. Masks/face coverings ARE RECOMMENDED TO be worn by athletes and coaches at all times while on school property.
- d. Each team will be given a designated TEAM AREA (SEE MAP).
 - i. Social Distancing will be maintained as much as possible.
 - ii. The TEAM AREA will have hand sanitizer for each team. It should be used frequently. This will be provided by SLS.
 - iii. **ALL ATHLETES SHALL PROVIDE THEIR OWN HYDRATION BOTTLES/WATER. SLS WILL PROVIDE WATER TO ATHLETES IN EMERGENCY SITUATIONS.**
 1. **WATER WILL BE PROVIDED FOR EACH RUNNER AT THE FINISH LINE UPON COMPLETION OF THE RACE.**
 - iv. **LOCKERROOMS WILL NOT BE AVAILABLE.**
 1. The athletes for all teams should arrive at the venue dressed with proper warm-ups or travel attire over top of the uniform.
- v. Athletes that need taped, should have this done at their home school prior to arrival.



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1. There will be no “routine” Athletic Training services provided to visiting teams. In the event of an emergency, emergency care will be provided as necessary, as well as brief on field evaluations provided, if the visiting team does not have an athletic trainer present.
2. There will be no return to play decisions made by the host school AT for visiting athletes.

b. **Porta Potties will be available to athletes and spectators.**

4. Warm-UP/Pre-Match Procedures:

- a. Each Team may begin warm-ups for the race one hour prior to your race.
 - i. This may not include the first 200 meters or the last 200 meters of the course.
 - ii. **National Anthem-Starter Explanation WILL TAKE PLACE PRIOR TO THE GIRLS VARSITY RACE.**

1. This will take place at the STARTING LINE

5. Race Procedures:

- a. Coaches will be in charge of Team Check-In.
- b. It will be the coaches' responsibility to make sure that athletes are at the starting line on time.
- c. NO RUN OUTS WILL BE PERMITTED.
- d. The course will be clearly marked.
 - i. Each turn will be marked (natural, by a pole, or by a cone). (SEE MAP)

6. Race Finishing procedures:

- a. Each team **MUST** provide a coach at the finish area to assist any of his or her team members that might need help at the finish line.
- b. An Athletic Trainer will be provided at the finish line in case of emergencies.
- c. **Upon finishing the race a runner will be given an Index Card and will tear off his or her BIB TEAR AWAY to be given to one of the timers at the finish line.**
- d. **Coaches will be given a scoresheet and will collect the Index Cards and Fill out the Scoresheet.**
 - i. **This Scoresheet must be handed in WITH THE INDEX CARDS 10 Minutes after each race's conclusion.**
 1. **There will be a Scoring Station clearly marked to hand in score sheets.**

****ALL OF THIS will help ensure/determine the proper finishing order of the meet for scoring purposes. ****

- e. There will be **NO** congregating at the finish line.
 - i. **WATER WILL BE PROVIDED FOR EACH RUNNER AT THE FINISH LINE UPON COMPLETION OF THE RACE.**

7. After the Contest:

- a. Results will be posted ASAP for coaches on Baum's Page following the meet.
- b. No cool down exercises will take place on the course. These should happen in the TEAM AREA
- c. EACH TEAM IS RESPONSIBLE FOR CLEAN-UP OF THEIR TEAM AREA.



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8. Spectator Information:

- a. It is recommended that all spectators wear a MASK SCHOOL PROPERTY.
- b. Spectators should stay socially distanced as much as possible.
- c. **Porta Potties will be available to athletes and spectators.**
- d. Parking will be available on each side of the middle school. No one should park in front of the building.

9. Inclement Weather Policy:

- a. The visiting teams will go to the vehicle that brought them to the contest.
 - i. If this is not safe, SLS administrators will provide the visiting teams a place that is safe and can provide safe social distancing.
 - ii. The home team will go to an area in the school that is safe and allows for proper social distancing.